



What do you need to know before the cure?

In the Panorama Royal - Ayurveda Our Way of Healing Center - we offer more than wellness.

The "Panchakarma cure" is a very deep purification and detoxification process, similar to an intracellular detoxification, which can have an intensive effect on the entire organism.

Due to our experience and expertise, there are certain requirements to ensure a successful cure. It is also important to note contraindications. We would like to list these for you in detail and they should be read through before the cure. Otherwise, cancellation costs could be incurred if the physical prerequisites for a cure are not given.

We would be happy to advise you in detail and competently before the cure if you have any questions.

You are welcome to contact our Ayurveda doctor by phone at 0043 5332 77 117 49 or by email healing@panorama-royal.at please have an up-to-date report from your treating doctor ready.

The contraindications apply to all cures, but also to some types of treatment or therapeutic measures.

Therefore, please note the following information and contraindications before booking a cure:

Diseases/contraindications	Waiting period
Acute -> gastrointestinal diseases	Approx. 6 weeks until the start of the treatment
Acute -> orthopedic fractures	Approx. 6 weeks until the start of the treatment
Acute -> bact. or viral infections (fever)	Approx. 6 weeks until the start of the treatment
Acute -> operations . Dental surgeries, . Vein surgery . Accidents	Please discuss this with an Ayurvedic doctor Approx. 3 months until the start of the treatment Approx. 3 to 6 months until the start of the treatment (depending on the severity)
Acute -> burnout syndrome	Please discuss this with an Ayurvedic doctor
Acute -> ablation	Approx. 3 months until the start of the treatment
Acute -> Infectious Diseases	Please discuss this with an Ayurvedic doctor
Acute -> Meniere's disease	Approx. 3 months until the start of the treatment

Acute -> laser treatments and radio wave therapy	Approx. 4 weeks until the start of the treatment
Acute -> inflammation	Please discuss this with an Ayurvedic doctor
HIV infection	No cure, is not treated
epilepsy	No cure, is not treated
bulimia	Please discuss this with an Ayurvedic doctor
Chemotherapy or radiation therapy	Approx. 3 to 6 months until the start of the treatment
Taking antibiotics	Approx. 3 weeks until the start of the treatment
Cortisone intake	Approx. 6 weeks until the start of the treatment
Alcohol or drug addiction	No cure, is not treated
Anorexia / bulimia and extreme obesity	No cure, is not treated
Cancer	Only after 6 months of chemotherapy
Cardiac arrhythmias	Please discuss this with an Ayurvedic doctor

If you have been taking medication for a long time that you are not allowed to stop, please bring it with you and discuss the treatments with your Ayurveda expert.